



Official Newsletter of the Superior Optimist Club

PRESIDENT - Brian Hakanson



Happy Valentine's Day!

February 2020



OFFICERS 2019-20

President
Brian Hakanson
Vice President
Open Seat
Treasurer
Kim Pearson
Secretary
Jan Jago
Past President (2017-2018)
Carolyn Nelson-Kavajecz

PROGRAMS FOR FEBRUARY

Speaker Chair: Jan Jago

February 5
Chelsea Branley, Art Therapy

February 12
TBD

February 19
Amanda Korhonen, Pottery Burn

February 26
Dr. Stephanie Erdmann:
VP Academic Affairs, WITC



SAVE THE DATE

February 6
Optimist Day

February 7-8
2nd Quarter WINUM District
Convention, Neenah, WI

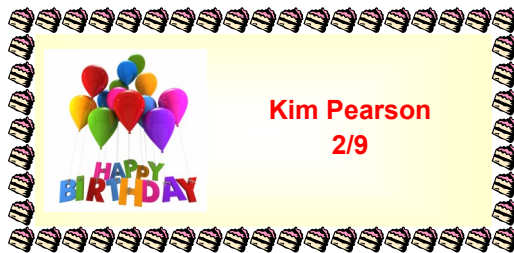
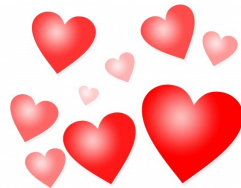
February 12
Board Meeting immediately
following meeting

February 14
Valentine's Day

February 17
President's Day

BOARD MEMBERS

Gary Dunning
(2018-2020)
Joe Stensland
(2018-2020)
Joel Certa-Werner
(2018-2020)
Rick Rockwood
(2019-2021)
Cari Matheson
(2019-2021)
Sharon Thompson
(2019-2021)



Optimist Anniversaries

William Eckman (1979) - 41 years
Rick Rockwood (1987) - 33 years
Tim Gallagher (1992) - 28 years
Danna Livingston (2010) - 10 years
Chris Jarman (2011) - 9 years
Jon Garver (2017) - 3 years
Sharon Thompson (2017) - 3 years
Joe Stensland (2018) - 2 years

January Attendance Winners

Prize Chair: Gary Dunning

Kim Pearson - 1/8
Bruce Thompson - 1/15
Elizabeth Gilbertson - 1/22
Jan Jago - 1/29





Youth Optimists for January
Thomas Chicka, Colin Glonek & Alex Kujawa

Thomas Chicka, Colin Glonek and Alex Kujawa were the Youth Optimists for the month of January. All 3 are Juniors at Superior High School.

Thomas is involved in Orchestra, drama/theater, local activism, social justice, Harvard Model United Nations and Gender/Sexuality Alliance. He is also in the process of becoming an Eagle Scout. Thomas is the son of Ellen and Ron Chicka. He has an older brother, Jonathon, who is a former Youth Optimist. Thomas has

plans to become a CNA during his Senior year, and then plans to attend Northern Michigan University after graduating. He would like to become a trauma nurse and work somewhere out west.

Collin plays the cymbals in the Pep Band at SHS. He is also active at St. Francis Church. He enjoys watching a playing basketball and attending events at the High School. Collin is the son of Nicole Glonek and Judge George Glonek. He has two older sisters, Geordann and Payton, and an older brother, Nolen. After graduating, Collin would like to become a Police Officer.

Alex is a Cello player in Chamber Orchestra. He is also busy working at Harborview Super One. Alex is the son of Steven and Melissa Coone. He has 7 step-brothers and 4 step-sisters. Alex hopes to continue his musical education. He would like to attend Stout University or the University of Milwaukee. He plans on majoring in Psychology or Gerontology.

All 3 have the opportunity to win the Youth Optimist Scholarship and Service Award.



REFLECTIONS - By Mark Thompson

Flashback - May 2013

The exercise that reflections can serve us in character building is probably too often overlooked or undervalued as we live our lives. Whether we reflect accidentally, routinely, or haphazardly and depending upon how much value we assign our reflections the effort may seem fruitless. Of course honestly is the best policy and sometimes our egos or other emotions may ascue the dividend our personal characters and others could gain from the experiences we share personally and cooperatively. The optimist creed and values are a terrific benchmark to measure our reflections as we live, work, and play in communities. We can all learn from and teach each other so that all of our reflections are more enriching to us and others.



Assistant Editor Judy Carlson
In Loving Memory of Merrill Thompson & Bill Downs, Jr.

A psychologist walked around a room while teaching stress management to an audience. As she raised a glass of water, everyone expected they'd be asked the "half... empty or half full" question. Instead, with a smile on her face, she inquired: "How heavy is this glass of water?" Answers called out ranged from 8 oz. to 20 oz. She replied, "The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, it's not a problem. If I hold it for an hour, I'll have an ache in my arm. If I hold it for a day, my arm will feel numb and paralyzed. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it becomes." She continued, "The stresses and worries in life are like that glass of water. Think about them for a while and nothing happens. Think about them a bit longer and they begin to hurt. And if you think about them all day long, you will feel paralyzed - incapable of doing anything." It's important to remember to let go of your stresses. As early in the evening as you can, put all your burdens down. Don't carry them through the evening and into the night. Remember to put the glass down!

Excerpted from **Laughter Is an Instant Vacation**

Camping is nature's way of promoting the motel business.

~Dave Barry

So far on my 30-day diet, I lost 18 days.

~Terry McEntire

The best time to give advice to your children is while they're still young enough to believe you know what you're talking about.

~Evan Esar

Those people who think they know everything are a great annoyance to those of us who do.

~Isaac Asimov

I always wanted to be somebody, but now I realize I should have been more specific.

~Lily Tomlin

It is amazing how quickly the kids learn to drive a car, yet are unable to understand the lawn mower, snowblower and vacuum cleaner.

~Ben Bergor

A study of economics usually reveals that the best time to buy anything is last year.

~Marty Allen

If you look like your passport photo, you're too ill to travel.

~Willkommen

When I was a boy of fourteen; my father was so ignorant I could hardly stand to have the old man around. But when I got to be twenty-one, I was astonished at how much the old man had learned in seven years.

~Mark Twain

According to most studies, people's number one fear is public speaking. Number two is death. Death is number two! Does that sound right? That means to the average person, if you go to a funeral, you're better off in the casket than doing the eulogy.

~Jerry Seinfeld

Optimist Creed

Promise Yourself

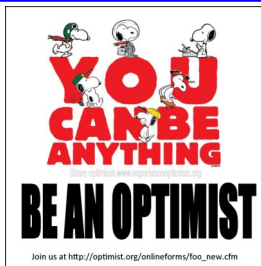
- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

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Our website: www.superioroptimist.org

CHECK US OUT



Mission Statement
The Superior Optimist Club fosters positive fellowship and community awareness to inspire and support youth.

Superior Optimist Club
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